

***A LITTLE KNOWLEDGE IS A DANGEROUS THING . . .***

***IMPROVE PERFORMANCE WITH OUR***

**COMPREHENSIVE TRAINING SERVICES**

Revised November 2007

	<b>TRAINING PROGRAM TOPIC AND SKILL LEVEL</b>	<b>NORMAL LENGTH</b>	<b>COST PER SESSION</b>	<b>COST PER TRAINEE</b>
1.	<b>Hazard Communication (Employee Right-to-Know)</b> OSHA 29 CFR 1910.1200			
	HazCom Training - Basic	1.5 Hrs.	\$275.00	\$4.00
	HazCom Training - Advanced	3 Hrs.	\$525.00	\$8.00
	HazCom Refresher	1 Hr.	\$200.00	\$2.00
2.	<b>Laboratory Safety and Chemical Hygiene</b> OSHA 29 CFR 1910.1450			
	Initial	3 Hrs.	\$525.00	\$8.00
	Refresher	1.5 Hrs.	\$275.00	\$4.00
3.	<b>Bloodborne Pathogen Protection</b> OSHA 29 CFR 1910.1030			
	Awareness/Refresher Training	0.5 Hr.	\$125.00	\$2.00
	First Aid/Housekeeping Training	1 Hr.	\$200.00	\$4.00
	Health Care/EMT Training	1.5 Hrs.	\$275.00	\$6.00
4.	<b>Employee Emergency Action / Fire Prevention and Response</b> OSHA 29 CFR 1910.38 / 1910.157(g)			
	Emergency Action Awareness for All Employees	1 Hr.	\$200.00	\$4.00
	Fire Prevention Awareness for All Employees	0.5 Hr.	\$125.00	\$2.00
	Emergency Actions for Coordinators	1 Hr.	\$200.00	\$2.00
	Fire Extinguisher Use for Incipient Fires	0.5 Hr.	\$125.00	\$2.00

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5.	<b>Respiratory Protection</b> OSHA 29 CFR 1910.134			
	Respirator - Air Purifying - Initial	1.5 Hrs.	\$275.00	\$6.00
	Respirator - Supplied Air - Initial	2 Hrs.	\$350.00	\$10.00
	Fit Testing - Qualitative (Minimum 15 tests)	5 - 10 Minutes	-0-	\$20.00
	Fit Testing - Quantitative (Minimum 15 tests)	10 - 15 Minutes	-0-	\$80.00
6.	<b>Hearing Conservation</b> OSHA 29 CFR 1910.95			
	Hearing Conservation Training	1 Hr.	\$200.00	\$4.00
	Audiometric Testing - Minimum 20 tests	5 - 10 Minutes	\$400.00	\$15.00
7.	<b>Personal Protective Equipment</b> OSHA 29 CFR 1910.132 (Eye, Face, Head, Hand, Foot)			
	Personal Protection Equipment - Basic or Refresher	1 Hr.	\$200.00	\$4.00
	Personal Protection Equipment - Advanced Version, Site Specific	2 Hrs.	\$350.00	\$8.00
8.	<b>Lockout/Tagout</b> OSHA 29 CFR 1910.147			
	Authorized Initial	2 Hrs.	\$350.00	\$8.00
	Authorized Refresher	1 Hr.	\$200.00	\$4.00
	Affected Initial (or included in above)	.75 Hr.	\$175.00	\$4.00
	Affected Refresher (or include in above)	0.5 Hr.	\$125.00	\$2.00
9.	<b>Electrical Safety</b> OSHA 1910.331 – 335 / NFPA 70E			
	Non-Qualified Employees – Awareness	1.5 Hrs.	\$275.00	\$5.00
	Qualified Employees – Basic Requirements	3 Hrs.	\$525.00	\$14.00
	Qualified Employees – Advanced Duties	5 - 8 Hrs.	\$950.00 - \$1,400.00	\$20.00
	Qualified Employees – Arc Flash Protection and Competent Person	5 - 8 Hrs.	\$950.00 - \$1,400.00	\$85.00
	Note: Each level of Electrical Safety Training requires the previous level(s) as a prerequisite			

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10. <b>Lift Truck</b> OSHA 29 CFR 1910.178	4 – 5 Hrs.	\$900.00	\$15.00 Student
Coaching the Lift Truck Operator – Customized to your trucks and operations. Meets 1999 OSHA requirements. Designed for delivery by non-professional trainers to co-workers. Duration depends on speed of trainees in completing workbook. (Not recommended for non-English speakers)			
Train-the-Trainer Version of Above	Additional 1 Hr.	\$200.00	\$50.00
Abbreviated Lift Truck Training – Refresher only for drivers with experience, trained since 1999.	2 Hrs.	\$350.00	\$10.00
11. <b>Crane, Hoist &amp; Sling Safety</b> OSHA 29 CFR 1910.179 - 184	2 Hrs.	\$350.00	\$8.00
Cranes and Hoists			
Slings, Chains, Ropes & Hooks (Rigging)	2 Hrs.	\$350.00	\$8.00
12. <b>Excavation/Trenching</b> OSHA 29 CFR 1926 Subpart P	3 Hrs.	\$525.00	\$10.00
Worker Awareness (or included below)			
Competent Person (includes above session)	8 Hrs.	\$1,400.00	\$20.00
13. <b>Fall Protection</b> – <i>Customized to Be Specific to Your Operations</i>	3 Hrs.	\$525.00	\$12.00
<u>Industrial Facilities</u> – Overview – Walking/Working Surfaces, Ladders & Stairways, Aerial Lifts, Scaffold Basics OSHA 29 CFR 1910 Subparts D & F			
<u>Construction Sites</u> – Overview – Ladders, Aerial Lifts, Fall Arrest Systems, Guards, Nets - OSHA 29 CFR 1926 Subparts X	4 Hrs.	\$700.00	\$15.00
<u>Ironworkers Rule</u> OSHA 1926.104, Subpart R	6 Hrs.	\$1,050.00	\$20.00
<u>OSHA General Awareness/Refresher</u> – Ladders, Elevated Surfaces, Scaffold, Aerial Lift	2 Hrs.	\$350.00	\$8.00

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14. <b>Scaffolding</b> OSHA 29 CFR 1926 Subparts L & X General Awareness/Refresher Scaffold User (or included below) Scaffold Competent Person (includes above session) Suspended Scaffold – Competent Person Addendum to above	1 Hr. 4 Hr. 8 Hrs. 3 Hrs.	\$200.00 \$700.00 \$1,400.00 \$525.00	\$4.00 \$20.00 \$30.00 \$10.00
15. <b>Confined Space Entry</b> OSHA 29 CFR 1910.146 Entrants, Attendants, & Supervisors Entry into Declassified Spaces (or included above) Non-Entry Retrieval (50% Hands-on) Technical Rescue (50% Hands-on)	8 Hrs. 6 Hrs. 4 Hrs. 16 Hrs.	\$1,400.00 \$1,050.00 \$700.00 \$3,000.00	\$25.00 \$15.00 \$10.00 \$50.00
16. <b>Emergency Response Team Development under Hazardous Waste Operations and Emergency Response (HAZWOPER)</b> OSHA 29 CFR 1910.120(q) <i>Prices assume the existence of Chemical Emergency Prevention and Response Plan</i> First Responder - Awareness First Responder - Operations Hazardous Materials - Technician Hazardous Materials - Specialist <ul style="list-style-type: none"> <li>• <i>Quoted on case by case basis;</i></li> <li>• <i>Price dependent on specific chemicals</i></li> </ul> Incident Commander Emergency Response Team Refresher	3 Hrs. 8 Hrs. 24 Hrs. * 4 Hrs. 8 Hrs.	\$525.00 \$1,400.00 \$4,000.00 * \$700.00 \$1,400.00	\$15.00 \$25.00 \$50.00 * \$20.00 \$25.00

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17. <b>HAZWOPER Site Remediation</b> OSHA 29 CFR1910.120/1926.63			
Initial 24 Hour	24 Hrs.	\$4,000.00	\$30.00
Initial 40 Hour	40 Hrs.	\$6,000.00	\$50.00
Site Supervisor	8 Hrs.	\$1,400.00	\$25.00
Annual Refresher	8 Hrs.	\$1,400.00	\$25.00
18. <b>EPA RCRA Hazardous Waste Generator</b> 40 CFR Part 265			
Initial – Generator & Waste Management	4 Hrs.	\$700.00	\$18.00
Refresher – Generator & Waste Management	2 Hrs.	\$350.00	\$10.00
19. <b>DOT Hazardous Materials Transportation (HM-126f, 181, 215c)</b> 49 CFR 170-179			
General Awareness	1 Hr.	\$200.00	\$5.00
Function-Specific Training (Labeling, Placarding, Packaging., Loading, Storage, Use of HazMat Table)	4 Hrs.	\$700.00	\$16.00
Driver Training (Highway Transport)	1.5 Hrs.	\$275.00	\$4.00
Safety Training (Basic Spill Response)	1.5 Hrs.	\$275.00	\$5.00
All of the above DOT Sessions	8 Hrs.	\$1,400.00	\$25.00
20. <b>Lead Hazards in Building</b> OSHA 29 CFR 1926.62			
Awareness Training – Construction or Facilities	2 Hrs.	\$350.00	\$6.00
Operations and Maintenance – in Facilities	8 Hrs.	\$1,400.00	\$25.00
OSHA Lead Standard Only - Industrial or Construction	4 Hrs.	\$700.00	\$15.00

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21.	<b>Asbestos Hazards in Facilities and Construction</b> OSHA 29 CFR 1926.1101			
	Awareness Training (Class IV)	2 Hrs.	\$350.00	\$6.00
	Operations and Maintenance (Class III) <i>Awareness Training is a Prerequisite</i>	14 Hrs.	\$2,450.00	\$20.00
	Single Material Class II (Non-Friable Intact Removal such as roofing, floor tile or gaskets)	8 Hrs.	\$1,400.00	\$15.00
	Single Class II Material Competent Person Supplemental Training to session above	4 Hrs.	\$700.00	\$12.00
22.	<b>First Aid</b> OSHA 29 CFR 1910.151			
	Initial/Refresher (Also, See BBP, Item 3)	4 Hrs.	\$700.00	\$15.00
23.	<b>CPR/AED</b>	4 Hrs.	\$700.00	\$15.00
24.	<b>Cadmium Standard</b> OSHA 29 CFR 1910.1027			
	Initial	3 Hrs.	\$525.00	\$15.00
	Refresher	1 Hr.	\$200.00	\$5.00
25.	<b>Methylene Chloride Standard</b> OSHA 29 CFR 1910.1052			
	Initial	3 Hrs.	\$525.00	\$8.00
	Refresher	1 Hr.	\$200.00	\$5.00
26.	<b>Formaldehyde Standard</b> OSHA 29 CFR 1910.1048			
	Initial	3 Hrs.	\$525.00	\$8.00
	Refresher	1 Hr.	\$200.00	\$5.00
27.	<b>Silica Dust - OSHA Emphasis Program</b>			
	Initial	3 Hrs.	\$525.00	\$8.00
	Refresher	1 Hr.	\$200.00	\$5.00
28.	<b>Stormwater Pollution Prevention</b> EPA 40 CFR Part 122			
	Pollution Prevention and Response Team Training	2 Hrs.	\$350.00	\$8.00
29.	<b>Spill Prevention, Control and Countermeasures</b> EPA 40 CFR 112			
	Initial/Refresher	2 Hrs.	\$350.00	\$8.00